

J A N U A R Y 2 0 1 8

Talk With Your Baby

Robinson Community Learning Center



TWYB News

Keep an eye out for upcoming TWYB class information! We are going to be holding several upcoming sessions coming up at various locations around South Bend and Mishawaka, and we hope to reach as many new parents and caregivers as possible!



Happy New Year from TWYB!

We would like to wish a Happy New Year to all of our Talk With Your Baby community! We hope that 2018 is filled with new adventures, health, and love. As you begin to work towards your resolutions, try making a couple for you and your baby. If you want to be healthier and get some exercise, take regular walks with your little one or have dance parties. Not only will you be fulfilling your resolutions, you'll also be spending more time with baby.

Get Moving!

As you try to avoid the cold, you might not know what to do inside, so how about you crank the tunes and get moving?! Here are three of our favorite artists to dance along with that your children will love!

1. Laurie Berkner
2. Raffi
3. Jim Gill

These artists create music that will have your little one dancing around the room! You can find their music on YouTube or their CDs at your local library. Be silly and have fun dancing with your child!





Kids' Corner

We keep talking about **music**, so how about you and your little one make your own **tambourine!**



Rainbow TAMBOURINE

- Color the plate with a colorful rainbow design.
- Fold the plate in half and hole punch the circular edges.
- Tie one bell to one string and attach it to one hole; do this for every one.
- Make some music!!

Idea for craft: <https://kidscraftroom.com/wp-content/uploads/2017/02/Rainbow-Paper-Plate-Tambourine-pin.jpg>

What you need:

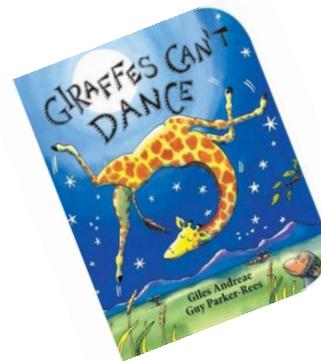
- Paper Plate
- Markers
- Hole Punch
- String
- Bells

What you do:

Research Children and Music

Science has shown that when children learn to play music, their brains begin to process sounds that they couldn't otherwise hear. This helps them develop "neurophysiological distinction" between certain sounds that can aid in literacy, which can translate into improved academic results for kids. A study conducted by Northwestern University revealed that kids must be actively engaged and participating in a music class in order to reap all the cognitive benefits. Furthermore, the study showed that students who played instruments in class had more improved neural processing than the children who simply listened during class.

Source: <http://time.com/3634995/study-kids-engaged-music-class-for-benefits-northwestern/>



Get your little ones up and moving while reading *Giraffes Can't Dance!!*

Pretend you're dinosaurs stomping around with Laurie Berkner:

<https://www.youtube.com/watch?v=bLdDKNxrL68>

