

J U N E 2 0 1 6

# Talk With Your Baby

Robinson Community Learning Center

## SB Summer Family Activities

Looking for something family-friendly to do in June around South Bend during the summer? Check out these exciting (and free!) opportunities:

### *Fridays by the Fountain!*

Every Friday beginning June 10<sup>th</sup> from 11:45am-1:15pm @ Jon R. Hunt Plaza

A great way to spend quality time with the family listening to free music and enjoying the warm weather!

### *Father's Day Maker's Market*

Friday, June 16<sup>th</sup>, 6:00pm-9:00pm at Make South Bend (2228 Mishawaka Avenue)

Browse artwork and crafts made by local artisans!

## Welcome June!

June is such a special month for TWYB because we are celebrating not just one, but two holidays! First, June 12<sup>th</sup> is National Children's Day, a national holiday celebrated around the world to honor all the joy children bring to our lives! What better way to celebrate than by spending quality time with your children! There are so many fun places to visit around South Bend. Take a trip to the History Museum and visit the Kidsfirst Children's section, or a trip to the Potawatomi Zoo! In addition, reading, singing and talking with your children is a great way to bond!

Secondly, we celebrate Father's Day on June 19<sup>th</sup>! TWYB would like to thank all the fathers that help support our program, it would not be possible without you! We hope everyone has a great month of June and a great time celebrating these wonderful holidays!



## Research

### Benefits of Outdoor Play for Children

As the weather warms up outside, the importance of outdoor play for children becomes more and more relevant! Children can gain so much from playing outdoors! Rae Pica, with Early Childhood News, outlines a few of the benefits:

- Physical benefits
- Communication skills and vocabulary growth skills
- Social customs and relationship building skills
- Promotes autonomy, decision-making skills and organizational skills
- Lower stress levels

Head outside for playtime and watch your children grow, develop and learn while enjoying quality time!



## Kids' Corner

In conjunction with the research article above about outdoor play, here are some fun suggestions for things to do outside with your children!

1. Go for a nature walk! A nature walk is a great way to enhance your child's appreciation for the environment, learn new vocabulary words, and experience sensory learning through seeing, hearing, smelling and touching new objects!
2. Set up an obstacle course with old tires, various sized cardboard boxes, trees, ropes, or any other objects you can find! Navigating around it will teach important concepts like moving over, under, through and around objects!
3. Bring a parachute or old sheet outside and play games with it! Use the sheet or parachute and shake it, stretch it, circle it, make waves with it, bounce objects on it, or crawl under it!
4. Try water painting with your children! Take a paintbrush and a cup of water outside and let your child paint the dry ground with water! Draw letters and numbers, animals, or free-form designs!
5. Finally, chasing bubbles is a great way to get your children outside and moving!