

MARCH 2017

Talk With Your Baby

Robinson Community Learning Center

Happy St. Patrick's Day from TWYB!

TWYB wants to wish all our supporters a Happy March and hope everyone is excited for St. Patrick's Day! There are a lot of events happening around St. Joseph County.

On Saturday, March 18, at 11:00 am at the East Bank on Jefferson Blvd, you can celebrate St. Patrick's Day by watching the parade and also the dying of the East Race. You can also participate in the Little Leprechaun Contest at 10:30 am at Howard Park! Ages 2-4 and 5-7 years old will be judged and can win a \$25 gift card. Be sure to check out all the events and register your little leprechaun at sbpark.org.

March is an even greater month this year because TWYB starts classes! Look below for upcoming class dates and times and be sure to register or recommend a friend!

Dr. Seuss!

March 2nd is Dr. Seuss' Birthday! He will be turning 113 years old. Let's make it a fun day for your little ones by using his books as inspiration.

For breakfast, make green eggs and ham. You can also do the craft on the next page to make your very own Dr.

Seuss book. Use your imaginations to celebrate his birthday. Have fun!



Check Out March Upcoming TWYB Classes!!

**Robinson
Center**

**March 7, 14, 21,
28, April 4**

**11:30 am - 1:00
pm**

Join us on *Tuesday*
mornings! Lunch
and childcare
provided.

**Memorial
Hospital**

**March 13, 20,
27, April 3, 10**

**6:30 pm - 7:30
pm**

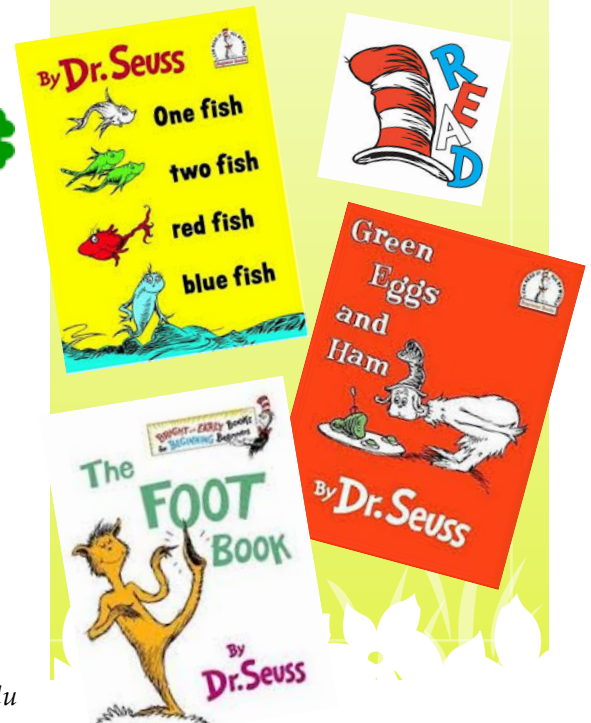
Join us on
Monday nights!
Childcare and
snacks provided.

**Memorial
Hospital**

**March 22, 29,
April 5, '9, 26**

**10:30 am - 11:30
am**

Join us on
Wednesday
afternoon! Childcare
and snacks provided.



To register, call TWYB at (574) 631-6916 or email Katie Califano at kcalifan@nd.edu

Lunch & Learn

TWYB Facilitators:

TWYB is happy to announce that we will be holding another Lunch and Learn on March 15th, 2017 from 11:30am – 1:00pm. We will be learning from Dr. Nancy Michael. She will be speaking to us about baby's stress response and how that will transfer into adolescence and adulthood.

Mark your calendars!

Wednesday, March 15th from 11:30am – 1:00pm at the RCLC

To RSVP, please contact Katie Califano at (574) 631-6916 or at kcalifan@nd.edu.

Research What is a lie?

Have you ever experienced your child lie when you caught them in the act of doing something “wrong”? Did they say that their pet dinosaur created the mess? You might have laughed, but there is a sense of unease. Children under the age of five do not have a firm understanding of what is right or wrong, or even the difference between reality and fantasy. When a child is caught in the act, they might come up with a lie because they know that they did something wrong. In the moment, the child lacks the self-control to stop from experimenting.

Remember that it is common for 0-5 year olds to lie when they are caught and they do not understand that lies are bad. You can build a child's self-control by connecting with them by making observations and proposing a solution. You can respond to a “wrong” action by helping the child learn instead of by punishment.

<https://www.zerotothree.org/resources/1703-when-young-children-lie>

Kids' Corner

Dr. Seuss's Books can come to life with your very **foot book**. Use your imagination and your favorite Dr. Seuss Books as your inspiration!

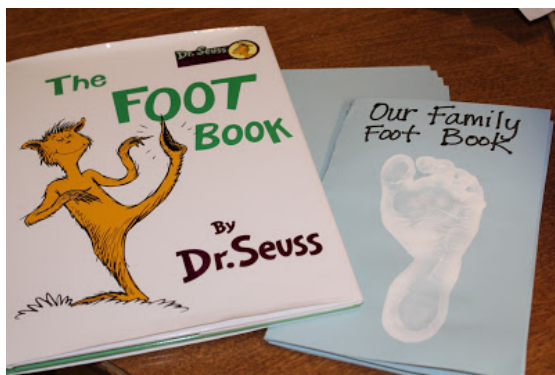
Materials:

- Card Stock
- Washable Paint
- Paintbrush
- Markers
- Stapler and/or glue
- Feet
- The Foot Book by Dr. Seuss

Directions:

- Fold as many pages as you would like a book. Plan ahead with your wording so you can figure how many sheets you need.
- Then paint feet!
You can paint your feet as “One Foot”, “Two Feet”, “Red Foot”, “Blue Feet”, “Left Foot”, “Right Foot”, “Small Feet”, or “Big Feet”.
- Use the marker to label your feet prints.
- After you are done, staple or glue your foot book together.
- And now you have your own Foot Book.

Idea from Mom Endeavors



For more information, contact TWYB Director Kris Arizmendi at karizmen@nd.edu.

Like us on Facebook at [facebook.com/talkwithyourbaby](https://www.facebook.com/talkwithyourbaby).